

Teaching Aids

SESSION 1

Letter to Families



Dear Families,

Welcome to the spring quarter of Shine! We will be exploring stories from the Gospel of John and examining the Lord's Prayer. Starting with Jesus' first miracle at a wedding, the group will explore stories that highlight themes of belonging, friendship, and servanthood as we journey with Jesus toward Easter. After Easter, we continue to focus on how Jesus taught us to pray and explore five specific themes of the Lord's Prayer. Join us as we journey, explore, and learn together.

Pray Together!

In this quarter, our spiritual practices begin with praise, but as we move toward Easter, our focus changes to lament or sorrow. Set out two jars of water. Label one "Praise" and the other "Sorrow." Place small bowls next to each jar: one with sugar to represent the sweetness of God's blessings and one with salt to represent our tears that we bring to God. At the end of each day, set aside time to add a pinch of sugar to the Praise Jar as you name a praise to God. Then, add a pinch of salt to the Sorrow Jar as you name something that brought sadness. Leave the jars accessible throughout the day, to allow for spontaneous prayers of praise and lament. Change the water each week as a symbol of renewal and hope.

Eat Together!

Family connections are strengthened when families prepare and share meals together. One fun and easy way to do this is to make a *mezze*! A *mezze* [meh-ZAY] is a Mediterranean snack tray full of dried and fresh fruits, crackers, cheeses, meats, and nuts, all served on a wooden platter. Picture in your mind a charcuterie board and you've got a *mezze*! Invite your children to help you set up and arrange a platter of snacks that your family loves to eat. Place some Mediterranean treats to try on the board too, such as feta cheese with honey, figs, dates, or pomegranates.

Explore Together!

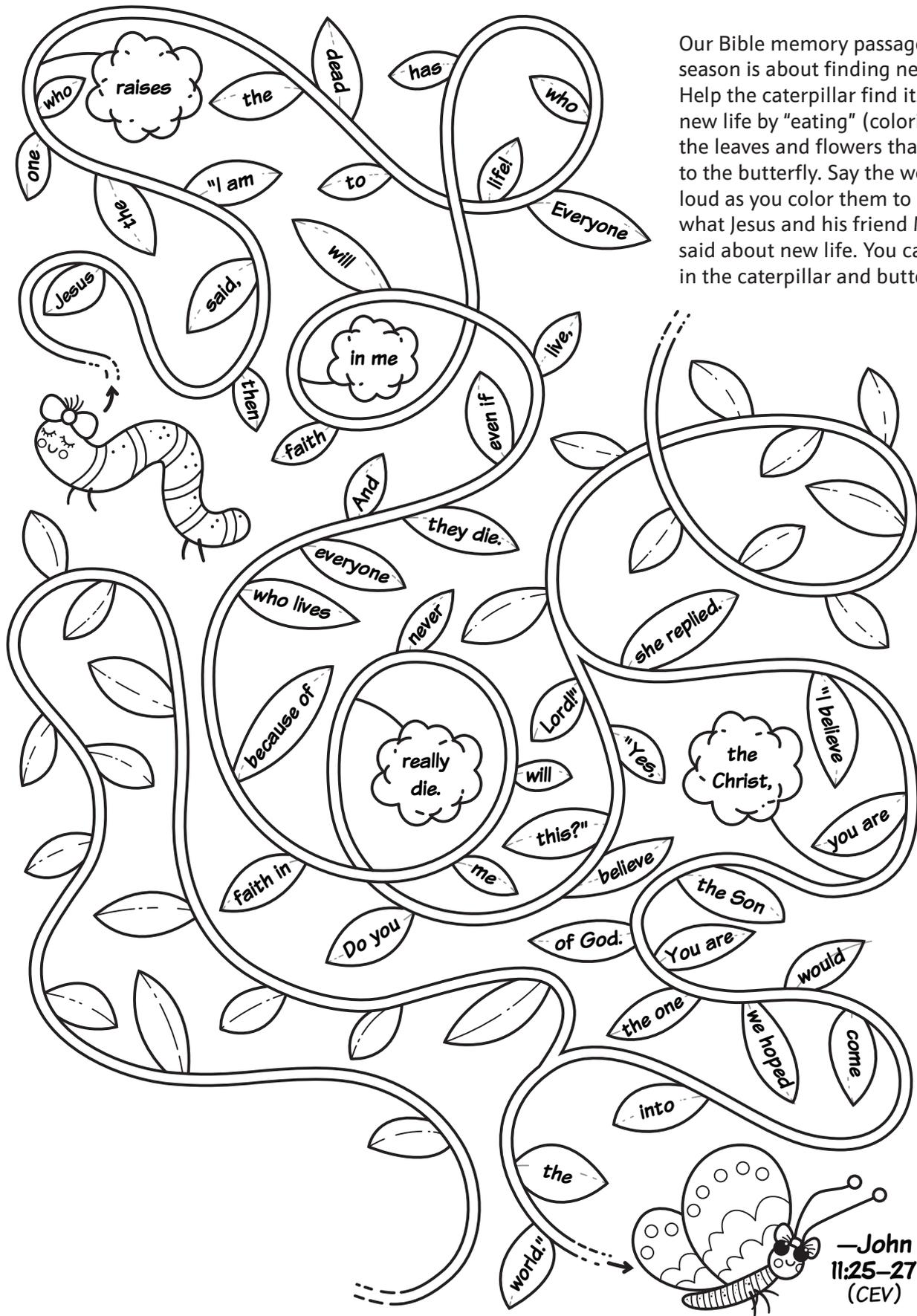
It's springtime! Spring is a time of new life and budding flowers and trees. Depending on where you live, you may also begin experiencing warmer and longer days. Take time and explore God's creation. Go for a hike to look for new sprouts of plants and search for animal tracks and bird's nests. Walk around your neighborhood and look for greener grass or flowers growing by the sidewalk or streets. Find an observatory in your area and go together to look at the stars and planets. Check out a nature book from the library and identify native plants in your region. Visit a local farm and ask to see any new baby farm animals and learn about their care. Find a beekeeper in your area and ask to visit their hives and learn about the bees. Our world is ever-changing! There's a whole new world to explore and experience as a family!

May God bless your family as you grow in faith together!



SESSION 1
Words to Live By

Copy one per child for Connect to the Bible.

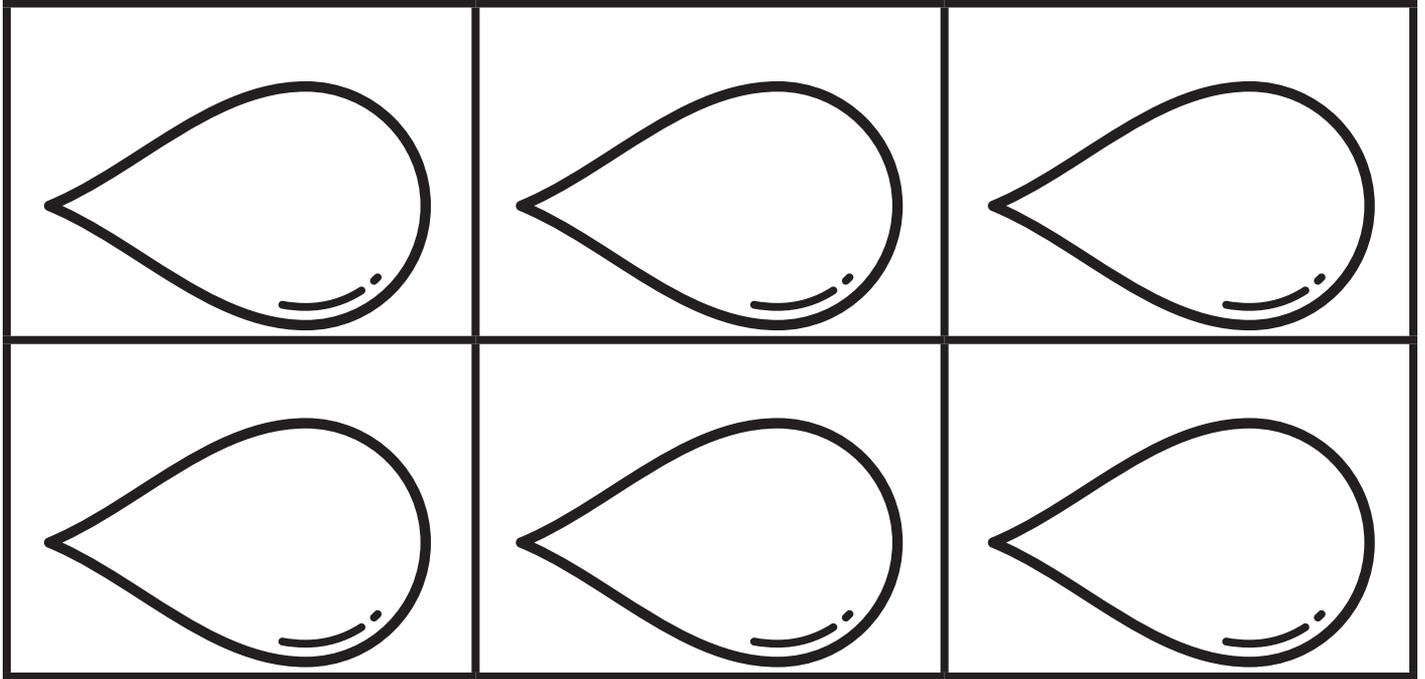


Our Bible memory passage for this season is about finding new life. Help the caterpillar find its way to new life by "eating" (coloring in) the leaves and flowers that lead to the butterfly. Say the words out loud as you color them to reveal what Jesus and his friend Martha said about new life. You can color in the caterpillar and butterfly too!

—John
 11:25–27
 (CEV)

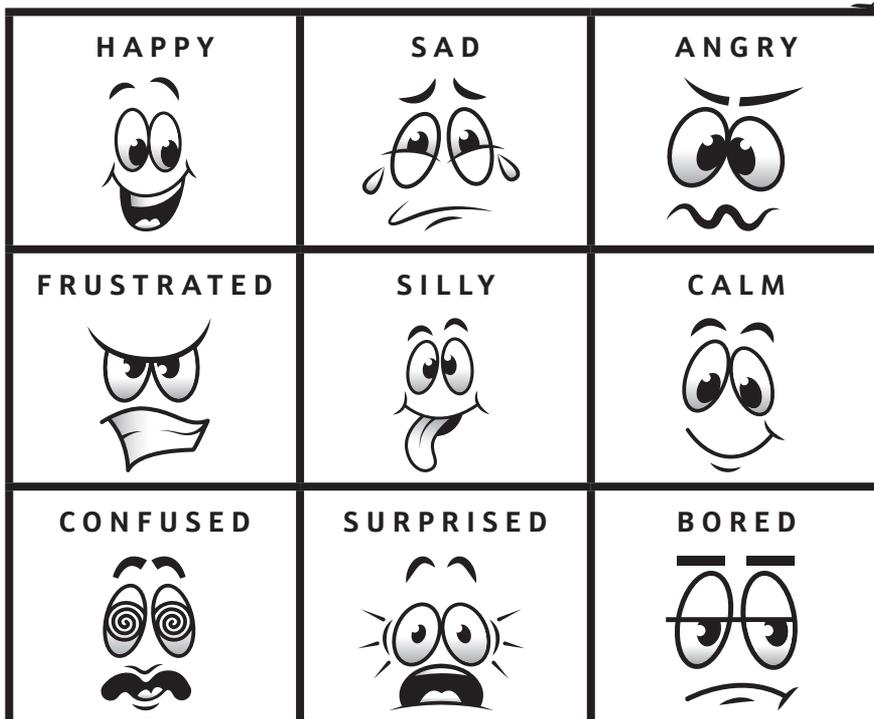
SESSION 2
Water Drops

Copy the water drops onto blue paper and cut out. You will need two per child. Use as directed in Connect to Each Other.



SESSION 3
Emoji Cards

Copy and cut apart the cards. Use as directed in Explore (Make Peace).



SESSION 10
"When I Grow Up" List

Write the following jobs on index cards, using as many as you might need for your group size. Use as directed in Connect to Each Other.

- Artist
- Astronaut
- Baker
- Bus Driver
- Chef
- Dentist
- Diver
- Dog Walker
- Farmer
- Firefighter
- Gardener
- Judge
- Musician
- Nurse/Doctor
- Pilot
- Pop Star
- Professional Athlete
- Race Car Driver
- Teacher
- Zookeeper

SESSION 4

Sometimes Strips

Copy enough for each child to have one strip. Cut apart, fold, and place in a basket. Use as directed in Connect to Each Other.

<p style="text-align: center;">Sometimes I worry about . . . But then I . . .</p>
<p style="text-align: center;">Sometimes I am sad about . . . But then I . . .</p>
<p style="text-align: center;">Sometimes I am upset about . . . But then I . . .</p>
<p style="text-align: center;">Sometimes I am disappointed about . . . But then I . . .</p>
<p style="text-align: center;">Sometimes I am scared about . . . But then I . . .</p>
<p style="text-align: center;">Sometimes I am confused about . . . But then I . . .</p>

SESSION 11

"Switching Sides" Statements

Read statements as directed in Connect to Each Other.

Switch sides if you . . .

- have a pet (tell someone what kind of pet you have)
- play an instrument (tell someone what kind of instrument)
- have been to a beach
- have traveled to another state or province
- have ridden on a subway or city bus
- like to eat broccoli
- like to eat chocolate ice cream
- play sports (tell someone what sport you play)
- are wearing your favorite color (tell someone what color)
- have stuffed animals
- like to sing
- are afraid of spiders
- have ridden a bike
- like pie more than cake
- have a brother or sister

SESSION 11

Oatmeal Pancake Ingredient List

Use as directed in Explore (Create).

- 5 lb / 2.27 kg bag self-rising flour
- 12 oz / 340 g dry buttermilk powder
- 42 oz / 1.19 kg quick oats
- 26 oz / 737 g salt

For gluten-free recipe, substitute as needed for those with gluten allergies:

- 3 lb / 1.36 kg bag gluten-free self-rising flour ("measure for measure")

SESSION 4

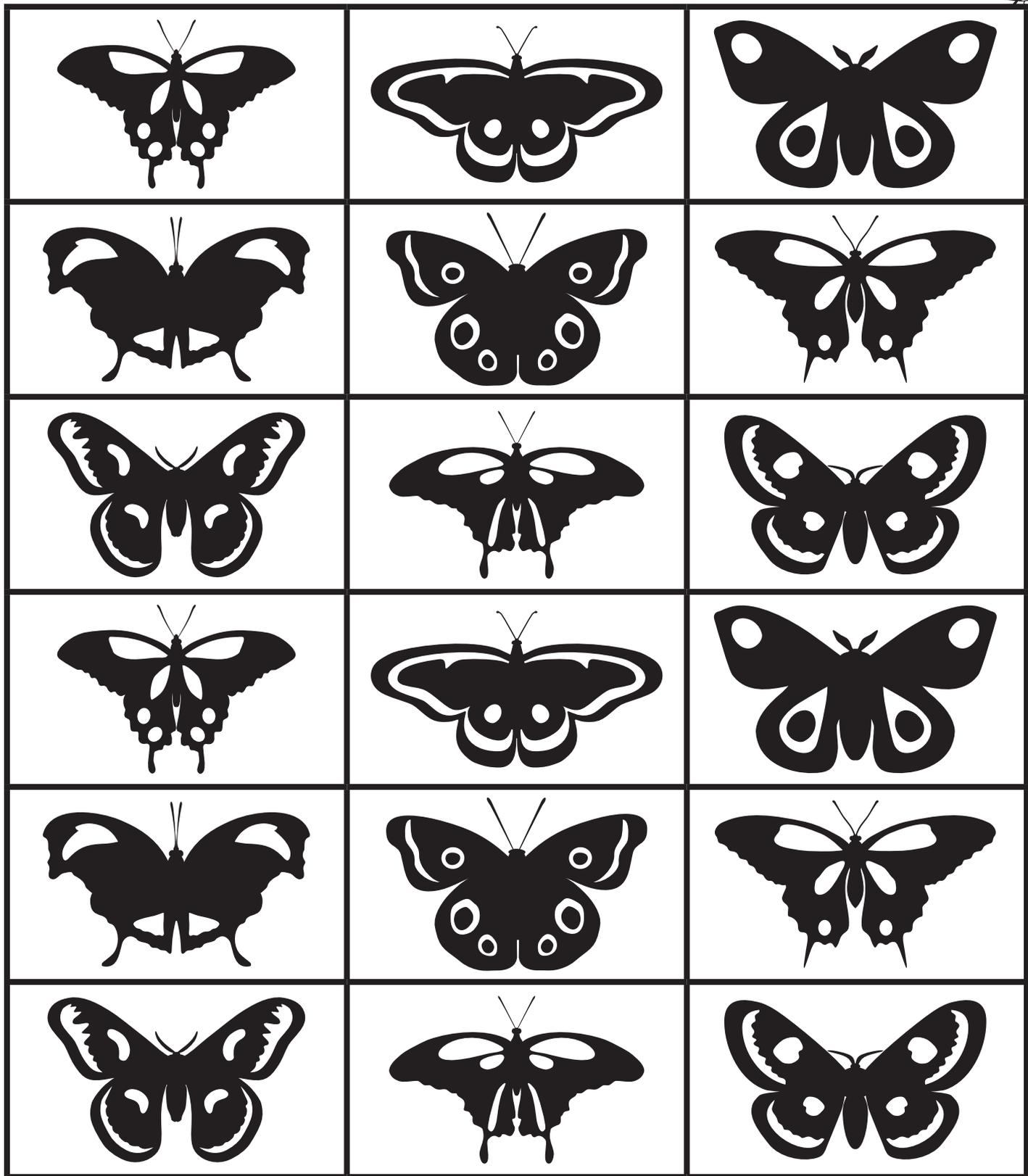
John 11 Bible Memory Phrases

Copy and cut out a set of phrase cards for every four to five children in your class to use in Connect to the Bible.

Jesus then said,	"I am the one who	raises the dead to life!
Everyone who has	faith in me will live,	even if they die. And
everyone who lives	because of faith in me	will never really die.
Do you believe this?"	"Yes, Lord!"	she replied. "I believe
you are the Christ,	the Son of God.	You are the one
we hoped would come	into the world."	—John 11:25–27 (CEV)

SESSION 6
Butterfly Cards

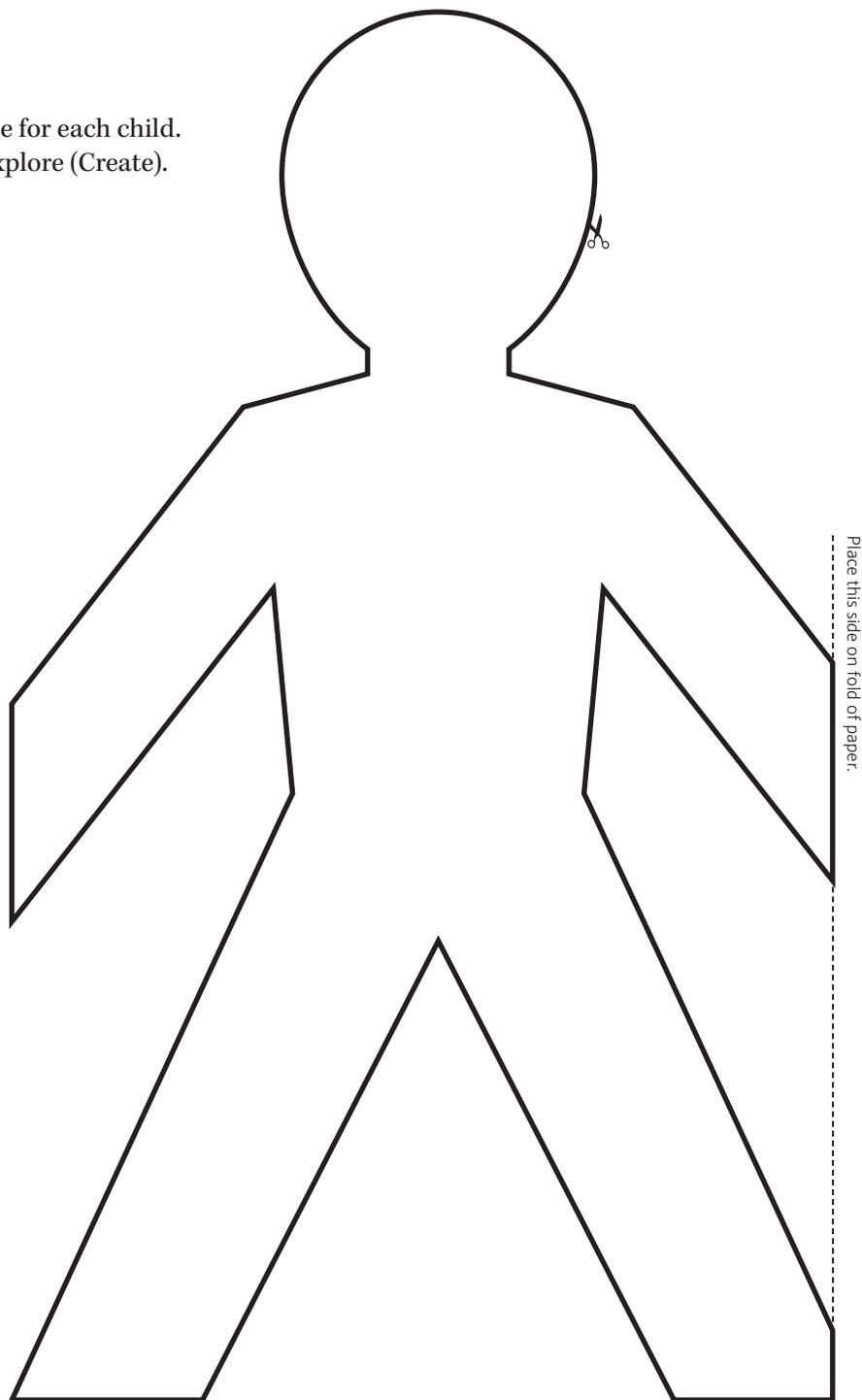
Copy and cut out the butterflies. There should be one matching pair of butterflies for each pair of children. Use as directed in Connect to Each Other.



SESSION 7

People Template

Copy and cut out one for each child.
Use as directed in Explore (Create).



SESSION 8

"Same or Different" List

Use this list during Explore (Discover).

- Peter (same)
- Judas (different)
- Water (same)
- Fish (different)
- Peter getting overexcited (same)
- Wet feet (same)
- Jesus serving the disciples (same)
- Boat (different)
- Eating (same)
- Time of day (different)

SESSION 7
Getting to Emmaus

Make one copy for each child to use during Explore (Discover).

Math Time!

Luke 24 says that the town of Emmaus was about 7 mi / 11 km from Jerusalem. Using the chart below, can you figure out about how long it might have taken Jesus and his friends to walk to Emmaus? How long if they could have taken a car?

To make your calculation, start with either 7 mi or 11 km. Divide that number by the speed of the transportation. (For a train, the calculation would be $7 \text{ mi} \div 50 \text{ mph}$ or $11 \text{ km} \div 80 \text{ km/h}$.) Your answer will be in hours, so you will need to multiply by 60 to see how many minutes it would take. Round your answer to one decimal place or the nearest whole number.

METHOD	MPH*	KM/H*	TIME
Walking	3	5	
Donkey	8	13	
Horse and chariot	15	24	
Camel (running)	25	40	
Train or subway	50	80	$7 \text{ mi} \div 50 \text{ mph}$ (or $11 \text{ km} \div 80 \text{ km/h}$) = 0.14 hours x 60 = about 8 minutes
Bus	55	89	
Car	65	105	

*MPH=miles per hour; KM/H=kilometres per hour. Speeds are approximate.

Talk About It

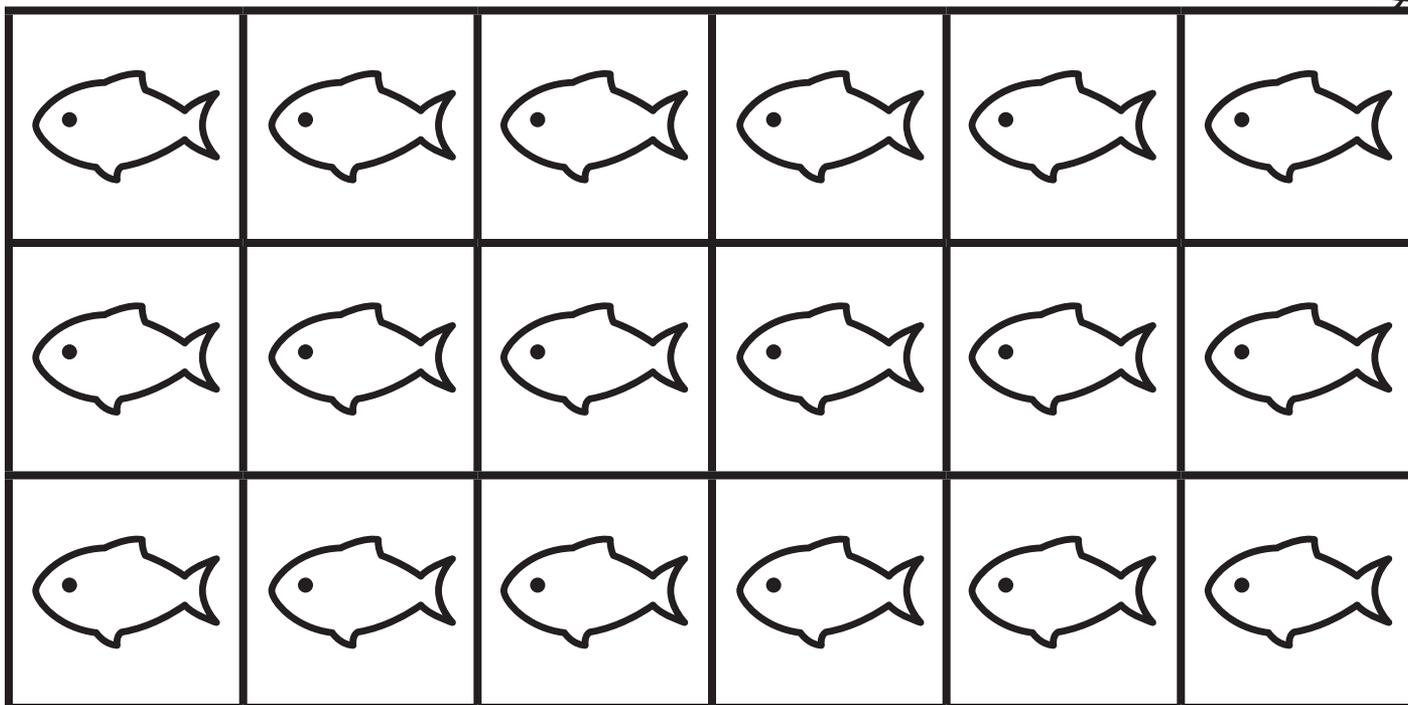
- What kind of transportation do you use most?
- How would this story be different if Jesus and his friends were in a car or train, or even on donkeys?

Did You Know?

- Donkeys were used for transporting goods and were not used for riding except by women, children, or those too weak to walk. The good Samaritan used a donkey to transport the wounded man (Luke 10:34).
- Horses and chariots were used only by royalty or wealthy people.
- As a pack animal, a camel can carry as much as 1,000 lbs / 454 kg and travel almost 30 mi / 48 km in one day. As a saddle animal, a camel can take its rider as far as 100 mi / 161 km in one day!

SESSION 8
Fish Wranglers

Copy and cut apart the squares of fish to use during Encounter (The Bible Story) and Explore (Move).



SESSION 8
"What's for Breakfast?" Cards

Copy and cut apart for use in Explore (Create).

<p>Iceland</p> <p>Warm up in Iceland with a bowl of thick oatmeal called <i>hafragrautur</i>—often topped with nuts, raisins, and sugar—or <i>skyr</i>, a dairy product like yogurt.</p>	<p>Morocco</p> <p>Mint tea is served with honey, and <i>baghrir</i> with butter. Baghrir are thin pancakes, nicknamed “thousand-hole” pancakes.</p>	<p>Brazil</p> <p>A yummy breakfast bread in Brazil is the <i>bolo de fubá</i>, a cornbread cake mixed with parmesan cheese or shredded coconut.</p>
<p>Jamaica</p> <p><i>Ackee and salt fish</i> is the national dish of Jamaica and a breakfast delight. What looks like scrambled eggs in this dish is <i>ackee</i>, a sweet fruit, mixed with salt fish, peppers, and tomatoes for a sweet and spicy dish.</p>	<p>Cambodia</p> <p><i>Kuy Teav</i> is a popular breakfast in Cambodia. It is a rice noodle soup served with pork or fish balls and half a lime.</p>	<p>Egypt</p> <p>Egyptians enjoy a breakfast made of fava beans and chickpeas that are made into a spicy stew called <i>ful medames</i>. It is often served with hard-boiled eggs, pita, and sliced vegetables.</p>

SESSION 11

Mix Instruction Cards

Copy and cut apart, one per child. Use as directed in Explore (Create).



Oatmeal Pancake Mix

Measure the following and place in bowl:

- 1½ cups / 192 g self-rising flour
- 2 T / 16 g dry buttermilk powder
- ½ cup / 43 g quick oats
- 1 tsp / 5.92 g salt

Mix well. Spoon mixture into jar. Put on lid and attach recipe card.

If you want to layer ingredients, mix only the buttermilk powder and the salt together in your bowl. Measure and spoon flour into jar first. Then add the buttermilk powder and salt mixture. Add the oats last.



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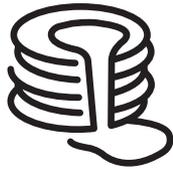
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SESSION 11

Oatmeal Pancake Recipe Cards

Copy and cut apart to use during Explore (Create). Punch a hole in the right corner and attach to jars with ribbon.



Oatmeal Pancakes

Pour this jar of ingredients into a large mixing bowl. Add the following:

- 1 egg
- 1 cup / 237 ml milk

Mix until well blended. Pour small portions onto a griddle. Add fruit or nuts on top of each pancake, as desired. Flip pancakes when bubbles form on top. Let cook for 1 minute. Serve with butter and syrup or other toppings.



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SESSION 12

"Choosing Forgiveness" Cards

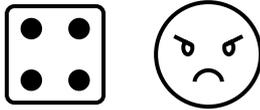
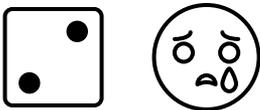
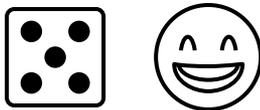
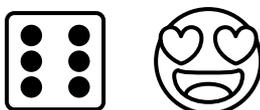
Copy and cut apart each square. Use during Explore (Make Peace).

<p>When someone hurts my feelings, I can . . .</p>	<p>When someone takes something from me, I can . . .</p>	<p>When someone is mean to me, I can . . .</p>
<p>When someone bumps into me, I can . . .</p>	<p>When someone lies to me, I can . . .</p>	<p>When someone doesn't keep a promise, I can . . .</p>
<p>When someone yells at me, I can . . .</p>	<p>When someone doesn't include me, I can . . .</p>	<p>When someone doesn't listen to me, I can . . .</p>

SESSION 12

"Tell Me How You Feel" Chart

Copy and use as directed in Connect to Each Other.

 <p>Share one thing that makes you HAPPY.</p>	 <p>Share one thing that makes you ANGRY.</p>
 <p>Share one thing that makes you SAD.</p>	 <p>Share one thing that makes you EXCITED.</p>
 <p>Share one thing that makes you SCARED.</p>	 <p>Share one thing that makes you AMAZING.</p>

SESSION 12

Revelation 7 Palms

Copy and cut out one for each child. Use as directed in Connect to the Bible.

