

Play dough recipes

Play dough

1 C / 250 ml flour (not self-rising)
1 T / 15 ml vegetable oil
½ C / 125 ml salt
1½ t / 7 ml cream of tartar
1 C / 250 ml water

Mix in saucepan and heat briefly over low heat for approximately 15 minutes. Dough is ready when it rolls into a ball. Keep dough fresh in an airtight container. To make different colors, add food coloring to the water.

Microwave recipe: Heat the water and some of the salt (about ⅛ of a cup) in the microwave on high for 2 minutes, or until very hot to the touch. Meanwhile, mix the rest of the salt and the other ingredients in another bowl. Remove water/salt mixture from microwave, add food coloring, stir vigorously, and immediately pour over the other ingredients. Mix immediately. Heat the dough for one more minute on high. For best results, flatten and fold it a few times while hot.

Wilderness play dough

Quantities are for one child. Each child makes an individual batch in a small bowl.

½ C / 125 ml clean sand
(available at craft stores and building supply stores)
¾ C / 75 ml flour
⅛ C / 25 ml water
½ T / 8 ml vegetable oil

Each child can combine all ingredients together in a small bowl. Knead it until it forms a ball. Add a few drops of water at a time if it is too dry. Knead in a dusting of flour if it is too sticky. If you plan to send the dough home at the end of the session, put each child's dough in a small, resealable plastic bag.

